



CLASS SCHEDULE 2020

Winter Session: 1/7/20-3/26/20

Spring Session: 4/14/20-6/18/20

Summer: 7/13/20-8/20/20

Tuesdays @ Core Fitness (min 3 students/class)

4:00-4:45- The BEST Class

4:50-5:35- Core Stability & Agility

5:40-6:25- Teen Fitness Fusion

Thursdays: @ Core Fitness (min 3 students/class)

4:00-4:45 - The BEST Class

4:50-5:35- Core Stability and Agility

5:40-6:25- Fitness Fusion for Young Adults (18 & up)

Minimum 3 students per class. If less than 3 students, pricing will vary.

12 week sessions

1 class per session \$480

2 classe per session- \$920

SIBLING DISCOUNT AVAILABLE

1 make-up class will be offered per session

** (Annual registration fee of \$35 valid Sept 1- Aug 31)**

**ONE-ON-ONE FITNESS TRAINING and SMALL GROUP TRAINING is
AVAILABLE UPON REQUEST**

Visit Our Website @ www.KIDZWIN.net or call us @ 732-500-4332